With 33 chapters from leading experts from around the world, Advanced Surgical Techniques in Snoring and Sleep Apnea is the first book to cover modern approaches to surgery for snoring and obstructive sleep apnea (OSA). There have been significant advances in the evaluation, diagnosis, and management of sleep-disordered breathing over the past several years, and the recognition and treatment of snoring and OSA is rapidly growing in importance. The book covers pathophysiology, diagnosis, as well as numerous chapters on surgical procedures. Sleep surgeons, ENT surgeons, residents, and medical students alike will find this book to be a must-have resource.

The accompanying DVD includes videos of surgical procedures and an introduction to the book by the lead editor, Dr. Kenny P. Pang.

Kenny P. Pang, FRCSEd, FRCSI, is director and consultant at the Asia Sleep Centre, Ear Nose and Throat. He graduated from the National University of Singapore Faculty of Medicine and attained his surgical fellowship exams in general surgery and otolaryngology from the Royal College of Surgeons (Edinburgh and Ireland) in 1999 and 2002, respectively. He also obtained his masters of medicine (otolaryngology) in 2001. Dr. Pang completed his sleep surgery and sleep medicine fellowship at the Medical College of Georgia. He is chief editor of the International Sleep Surgery Society and is a fellow of the American Academy of Sleep Medicine. He has published and authored more than 30 articles and book chapters, and has been a speaker in more than 40 sleep surgery courses internationally. Dr. Pang conducts his own successful Singapore Sleep Surgery Courses, and pioneered the Expansion Sphincter Pharyngoplasty and the Anterior Palatoplasty.

Brian Rotenberg, MD, MPH, FRCSCE, is an associate professor of Otolaryngology—Head and Neck Surgery at Western University (London and Canada) and is director of the Sleep Surgery Program. He is dual fellowship trained in sinus/skull-base surgery and pediatric surgery. He has been an invited speaker across the world on topics relating to sleep apnea and rhinology, and has more than 40 peer reviewed publications in these areas. His research focuses on establishing evidence-based perioperative outcomes assessments for sleep apnea and snoring. He is also the chief editor of the International Surgical Sleep Society.

B. Tucker Woodson, MD, is professor and chief—Division of Sleep Medicine, Department of Otolaryngology and Communication Sciences—and co-director—the Froedtert Center for Sleep—at the Medical College of Wisconsin. Trained in otolaryngology at the Henry Ford Hospital in Detroit, Michigan, and dual board certified in sleep medicine, Dr. Woodson joined the Medical College of Wisconsin in 1988. He is nationally and internationally recognized as an expert in the surgical treatment of sleep apnea and disorders of the upper airway, and is a founding member and president of the International Surgical Sleep Society. Dr. Woodson has served on various committees for the American Academy of Sleep Medicine, the American Academy of Otolaryngology, the World Congress of Sleep Apnea, and the American Board of Sleep Medicine. He is the principal investigator in multiple studies and has published and written more than 80 articles and book chapters predominantly on sleep disorders. Dr. Woodson’s research interests include understanding and measuring mechanisms of upper airway collapse as well as developing and assessing new surgical therapies and procedures.